

BREAKFAST


LUNCH

DINNER

NELSON MON – FRI 7:15 – 9:15
 CONTINENTAL MON – FRI 9:15 – 10:30
 SAT 8:30 – 10:00
 BRUNCH SUN 11:00 – 2:00

NELSON MON – SAT 11:00 – 1:30

NELSON MON – THUR 4:30 – 7:30
 FRI – SUN 4:30 – 6:30

Sunday Oct 4	Monday Oct 5	Tuesday Oct 6	Wednesday Oct 7
ASSORTED FRUIT JUICES EGGS SAUSAGE LINK COUNTRY SKILLET WRAP SAUSAGE & POTATO CASSEROLE TOFU SCRAMBLE ASSORTED COLD CEREALS ASSORTED BAGELS WAFFLE BAR HOT DOG O/ BUN BLACK BEAN BURGER O/ BUN PINEAPPLE COCONUT COFFEECAKE	ASSORTED FRUIT JUICES EGGS PANCAKES W/ HOT SYRUP SAUSAGE LINKS CHILI SOUP VEG PORTABELLA MSHRM SOUP CHIPOTLE CHICKEN QUESADILLA MALIBU BURGER MIGHTY MACARONI & CHEESE MIXED VEGETABLE M&M COOKIES SUGAR COOKIES	ASSORTED FRUIT JUICES EGGS OMELET BACON STRIPS CREAM OF BROCCOLI SOUP SPICY VEGETABLE SOUP BOLOGNA & CHEESE SNDWCH HOT TURKEY PHILLY BAGUETTE ROASTED VEG CALZONE CARROTS PEARS BLUEBERRY CHEESECAKE BAR	ASSORTED FRUIT JUICES EGGS FRENCH TOAST W/ HOT SYRUP POTATO ROUND COUNTRY HAM & CHEESE SOUP VEGETARIAN TOMATO SOUP HOT ITALIAN GRINDER CHICKEN CACCIATORE W/ PASTA VEGETARIAN BAGUETTE COUNTRY GARDEN VEG PASTA PLUMS ZEBRA BROWNIES
COUNTRY HAM & CHEESE SOUP VEG GARDEN VEGETABLE SOUP STUFFED CHKN BRST SUPREME RANCH STEAK BAKED POTATO TOFU & POTATO MASMAN BROCCOLI SPEARS CHICKEN NUGGETS HONEYDEW PINEAPPLE UPSIDEDOWN CAKE	CRM OF BROCC & CAULIFLOWER SP VEG MEDITERRANEAN SPICE OVEN RST BEEF W/PAN ANCHO RUBBED CHCKN BRST BAKED FLOUNDER GARLIC MASHED POTATOES RATATOUILLE O/ BROWN RICE CORN KIWI DUTCH APPLE PIE	WISCONSIN CHEESE SOUP VEG ROASTED VEGETABLE SP DRY RUBBED SPICED PORK BEEF RAVIOLI CLASSIC SHRIMP SCAMPI O/RICE BLACK BEAN BRUSCHETTA PEAS GARLIC CHEDDAR BISCUIT BLACK GRAPES CARROT CAKE W/ FROSTING	FRENCH ONION SOUP VEGETARIAN NOODLE SOUP SMOKE MAPLE TURKEY BREAST BOURBON CHICKEN O/ RICE BEEF STROGANOFF O/ NOODLE VEGETABLE RAGOUT BUTTER NOODLE ROASTED CAULIFLOWER BUCKEYE CAKE LF RASPBERRY JELLO CAKE
Thursday Oct 8	Friday Oct 9	Saturday Oct 10	
ASSORTED FRUIT JUICES EGGS EGG & BACON CROISSANT SAUSAGE PATTIES	ASSORTED FRUIT JUICES EGGS FRENCH TOAST TURKEY LINK	ASSORTED FRUIT JUICES ASSORTED BAGELS ENGLISH MUFFINS BLUEBERRY COFFEECAKE	
CHICKEN NOODLE SOUP VEGETARIAN BROCCOLI SOUP BARBACOA BEEF SANDWICH CHICKEN RANCHERO WRAP VEG CHIPOTLE CUTLET SNDWCH FRENCH CUT GREEN BEANS LEMON CHEESE BAR LF YELLOW CUPCAKE	BEEF & NOODLE SOUP VEG GARDEN VEGETABLE SOUP TURKEY REUBEN CAESAR SALAD SPINACH CHEESE BREADSTICK BLACK BERRIES CHOCOLATE CAKE	BEEF VEGETABLE SOUP VEG ROASTED VEGETABLE SP CHICKEN BISCUIT SANDWICH WHOLE WHEAT FRENCH TOAST BREAKFAST QUESADILLA SAUSAGE LINKS GREEN BEANS CONFETTI CUPCAKE	
BAKED POTATO SOUP VEG CORN & RICE CURRIED SP ROSEMARY CHICKEN BREAST BAJA FISH TACO VEGETABLE STIR FRY O/ RICE BUTTERED RICE BROCCOLI CUT ROUND ROLLS FRIED PICKLES HOT DOG O/ BUN RASPBERRIES CHERRY PIE	CREAM OF POTATO SOUP VEG PORTABELLA MSHRM SOUP CHICKEN PLANK SPICY BEEF ENCHILADA CRUSTED MATZAH COD MIGHTY MACARONI & CHEESE POTATO SKINS BABY DILL CARROTS WHEAT DINNER ROLL PINEAPPLE ORANGE CAKE ★ MATZAH BALL SOUP CHALLAH BREAD	CREAM OF TOMATO SOUP SPICY VEGETABLE SOUP BUFFALO CHICKEN BREAST CARVED ROAST BEEF VEG SOUTHWESTERN STEW RICE PILAFF COUNTRY PASTA BLEND ROUND ROLL WING ZING HAMBURGER O/ BUN SHOESTRING FRENCH FRIES GERMAN CHOCOLATE CAKE	

SERVED DAILY AT BREAKFAST: PASTRY, EGGS, TOAST & JELLY, CEREALS, FRESH FRUIT & YOGURT

SERVED DAILY AT LUNCH MONDAY THRU SATURDAY: DELI LINE AND SALAD BAR

PASTA BAR: MONDAY THRU FRIDAY - DINNER ONLY

WAFFLE BAR: MON. THRU FRI. - BREAKFAST

SERVED DAILY AT LUNCH & DINNER IN ADDITION TO HOT FOOD LINE: FAST FOOD LINE, HAMBURGERS, CHEESEBURGERS, HOT DOGS, FISH SANDWICHES, GRILLED CHEESE SANDWICHES, FRENCH FRIES (LIMITED FAST FOODS ON SUNDAYS), ASSORTED GELATIN, PUDDINGS, ASSORTED FRESH FRUITS, SALAD AND DESSERT BAR, ASSORTED ICE CREAM NOVELTIES, FROZEN YOGURT, ASSORTED LOW FAT DESSERTS.