

BREAKFAST


LUNCH

DINNER

NELSON MON – FRI 7:15 – 9:15
 CONTINENTAL MON – FRI 9:15 – 10:30
 SAT 8:30 – 10:00
 BRUNCH SUN 11:00 – 2:00

NELSON MON – SAT 11:00 – 1:30

NELSON MON – THUR 4:30 – 7:30
 FRI – SUN 4:30 – 6:30

Sunday Oct 18	Monday Oct 19	Tuesday Oct 20	Wednesday Oct 21
ASSORTED FRUIT JUICES EGGS WESTERN EGG CASSEROLE BACON STRIPS WHEAT FRENCH TOAST TRI-BAR POTATOES ASSORTED CEREALS ASSORTED BAGELS HOT DOG FISH SQUARE VEGETARIAN BUFFALO WINGS BLUEBERRIES CARROT PINEAPPLE MUFFIN	ASSORTED FRUIT JUICES EGGS FRENCH TOAST SAUSAGE PATTIES	ASSORTED FRUIT JUICES EGGS BELGIAN WAFFLE STIX CANADIAN BACON	ASSORTED FRUIT JUICES EGGS HAM & EGG MUFFIN SAUSAGE LINKS
	CREAM OF TOMATO SOUP VEG MEDITERRANEAN SOUP WHITE CHILI BAKED SPAGHETTI VEGETARIAN HOAGIE NEW ORLEAN RICE CANTALOUPE ROCKY ROAD FUDGE BAR	NAVY BEAN SOUP VEG VEGETABLE SOUP CLASSIC FRENCH DIP TOFU RUBIN W/ SWISS CHICKEN PLANK W/ RANCH ZUCCHINI YELLOW CUPCAKE LF LEMON PUDDING CAKE	TURKEY NOODLE SOUP VEG PORTABELLA MUSHRM SP MU SHU CHICKEN WRAPS PHILLY CHEESE STEAK FLORENTINE QUICHE CARROTS MANDARIN ORANGE NO BAKE BARS
CREAM OF POTATO SOUP VEG ROASTED VEGETABLE SOUP ROAST BLACKENED PORK LOIN SHRIMP, SCALLOP, CLAM BASKET BAKED STEAK MASHED POTATO O/ BEEF GRAVY SPRINGTIME SPAGHETTI PEAS WATERMELON PISTACHIO PUDDING CAKE	CHILI SOUP VEGETARIAN TOMATO SOUP CARVED TURKEY RANCH STEAK SALMON CROQUETTE VEGETARIAN ZITI ROASTED REDSKIN POTATOES WINTER BLEND HONEYDEW SNICKER BAR PIE	CREAM OF BROCCOLI SOUP VEGETARIAN NOODLE SOUP CARVED HAM GENERAL TSO CHICKEN VEGETABLE TETRAZZINI ROASTED VEGETABLES ESCALLOPED POTATOES WHEAT DINNER ROLL WHITE GRAPES MILKY WAY BUNDT CAKE	COUNTRY HAM & CHEESE SOUP VEG GARDEN VEGETABLE SOUP BBQ CHICKEN QUARTERS 4 CHEESE LASAGNA ASIAN PEPPER STEAK O/ RICE BUTTER RICE GREEN BEANS GARLIC BAGUETTE CHOCOLATE CREAM PIE LF ORANGE JELLO CAKE
Thursday Oct 22	Friday Oct 23	Saturday Oct 24	
ASSORTED FRUIT JUICES EGGS PANCAKES W/ HOT SYRUP SAUSAGE PATTIES	ASSORTED FRUIT JUICES EGGS WAFFLES EGG & BACON BAGEL	ASSORTED FRUIT JUICES ASSORTED BAGELS LEMON POPPYSEED COFFEECKE LF CAPPUCCINO MUFFIN	
CHEESY POTATO SOUP VEG CORN & RICE CURRIED SP CORN DOGS BLACK BEAN FIESTA WRAP CARROTS CLASSIC GRILLED REUBEN SUGAR COOKIES PEANUT BUTTER COOKIES	CHILI SOUP VEGETARIAN NOODLE SOUP CHICKEN & SWISS CROISSANT BARBACOA PORK BURRITO MONTEREY JACK BURRITO SPANISH RICE BLUEBERRIES RICE KRISPY BAR	CREAM OF BROCCOLI SOUP SPICY VEGETABLE SOUP PENNE W/ MEATBALLS PANCAKE W/ MAPLE SYRUP BROCCOLI QUICHE TRI-BAR POTATO BACON STRIPS REESE CUP BROWNIE	
CHICKEN NOODLE SOUP VEG ROASTED VEGETABLE SOUP ROASTED BEEF W/ ONION BOLD CHICKEN FAJITA CONFETTI ROTINI CHANTILLY RICE ROASTED CAULIFLOWER DINNER ROLL FISH SQUARE STRAWBERRIES CHOCOLATE CHIP CHEESECAKE	BEEF & NOODLE SOUP VEG MEDITERRANEAN SOUP BEEF & NOODLE FRIED SHRIMP VEGAN CHICKEN PARMESAN CREAM HASH BROWN BAKE GARDEN BLEND PASTA DINNER ROLL HEATH BAR PIE ★ MATZO BALL SOUP CHALLAH BREAD	BEEF VEGETABLE SOUP VEGETARIAN BROCCOLI SOUP HONEY DIJON CHICKEN BREAST STUFFED SHELLS W/ MEAT SCE STUFFD SHELL W/ MEATLESS SC ORZO PILAFF BABY CARROTS BREADSTICKS PEACHES LUSCIOUS PEANUT BUTTER CKE ICE CREAM	

SERVED DAILY AT BREAKFAST: PASTRY, EGGS, TOAST & JELLY, CEREALS, FRESH FRUIT & YOGURT

SERVED DAILY AT LUNCH MONDAY THRU SATURDAY: DELI LINE AND SALAD BAR

PASTA BAR: MONDAY THRU FRIDAY - DINNER ONLY

WAFFLE BAR: MON. THRU FRI. - BREAKFAST

SERVED DAILY AT LUNCH & DINNER IN ADDITION TO HOT FOOD LINE: FAST FOOD LINE, HAMBURGERS, CHEESEBURGERS, HOT DOGS, FISH SANDWICHES, GRILLED CHEESE SANDWICHES, FRENCH FRIES (LIMITED FAST FOODS ON SUNDAYS), ASSORTED GELATIN, PUDDINGS, ASSORTED FRESH FRUITS, SALAD AND DESSERT BAR, ASSORTED ICE CREAM NOVELTIES, FROZEN YOGURT, ASSORTED LOW FAT DESSERTS.